

## CURRICULUM VITAE

**Jane D. Woody**

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### EDUCATION

- 1973 M.S.W. (Clinical Social Work), Western Michigan University.
- 1970 Ph.D. English, Michigan State University.
- 1961 M.A. English, West Virginia University.
- 1957 B.A. English (Summa Cum Laude), West Virginia Institute of Technology.

### Specialty Training

- 1970 Summer Workshop on Human Sexuality (two weeks), Indiana University  
Institute for Sex Research
- 1996 Summer Writing Program (Beginning Fiction). University of Iowa.
- 1996 Workshop in Fiction (Fall Semester), Florida State University.

### PROFESSIONAL WORK EXPERIENCES

1975-Present Professor of Social Work, School of Social Work, University of Nebraska at Omaha, Omaha, NE.

- Teaching: Graduate courses in analysis and treatment of sexual problems; marriage, divorce, remarriage therapy; psychotherapy.
- Awards: Endowed Professor, David C. Scott Diamond Professorship, College of Public Affairs and Community Service, 1996-2002.  
Conjoint Award with R. H. Woody. Nebraska Association of Marriage and Family Therapy for "Outstanding Dedication and Contribution to Families and the Practice of Marriage and Family Therapy," April, 2002.
- Projects: Author and Coordinator of Grant, Family Mentoring Project, funded by the U.S. Department of Education, 1996-1998.
- Research Grant: University Committee on Research Mini Grant.  
Mothers as Sex Educators For Their Children, August, 200

- 1975-1994 Part-time Private Practice. Omaha, NE (Psychotherapy, Sex Therapy, Marriage and Family Therapy).
- 1972-1974 Coordinator and Counselor, Ohio University, Athens, Ohio (Parent Education and Counseling Services, College of Education). Administrator of federally funded, university-based counseling agency serving the rural Appalachian community.

## PUBLICATIONS

### Books

- Woody, J. D., (2002) *How can we talk about that? Overcoming personal hang-ups so we can teach kids the right stuff about sex and morality.* San Francisco: Jossey-Bass.
- Woody, R.H., & Woody, J.D., (2001) (Eds. and Chapter Authors). *Ethics in marriage and family therapy.* Washington, DC: AAMFT.
- Woody, J. D., (1992) *Treating sexual distress: Integrative systems therapy.* Newbury Park, CA: Sage Publications.
- Woody, J. D., and Woody, R. H., (Eds.). (1983). *Sexual issues in family therapy.* Rockville, MD: Aspen Systems Corp.
- Woody, R. H., and Woody, J. D., (1973). *Sexual, marital, and familial relations: Therapeutic interventions for professional helping.* Springfield, IL: Charles C. Thomas.
- Woody, R. H., and Woody, J. D. (Eds.). (1972). *Clinical assessment in counseling and psychotherapy.* New York: Appleton-Century-Crofts.

### Articles and Chapters

- Woody, J.D., Randall, A., & D'Souza, H.J. (2005). Mothers' efforts toward their children's sex education: An exploratory study. *Journal of Family Studies.* In press.
- Woody, J. D. (2004). Groups anyone? Help for the helping professions. *PsycCRITIQUES*, 49 (Supplement 7, November 9).
- Woody, J. D., D'Souza, H. J., & Russel, R. (2003). Emotions and motivations in adolescents' first intercourse. *Canadian Journal of Human Sexuality*, 12, 1, 35-51.
- McKeagney, T., Woody, J. D., & D'Souza, H. J. (2003). Youth mentoring: Emerging questions about effects on self-concept and school grades. *School Social Work Journal*, 28, 1, 51-67.
- Woody, J. D. (2002). Media coverage of child sexual abuse: An opportunity for family therapists to help families and communities. *American Journal of Family Therapy*, 30, 417-426.

- McKeagney, T., Woody, J. D., & D'Souza, H. J. (2002). Mentoring Latino children and their parents: Impact on parent relationship and family strengths. *Families in Society: Journal of Contemporary Social Services*, 83, 3, 285-292.
- Woody, R. H., & Woody, J. D. (2001). Ethics, professionalism, and decision-making. In R. H. Woody & J. D. Woody (Eds.). *Ethics in marriage and family therapy* (pp. 1-12). Washington, D.C.: American Association of Marriage and Family Therapy.
- Woody, J. D., & Woody, R. H. (2001). Protecting and benefiting the client. In R. H. Woody & J. D. Woody (Eds.). *Ethics in marriage and family therapy* (pp. 13-42). Washington, D.C.: American Association of Marriage and Family Therapy.
- Woody, J. D., & Woody, R. H. (2001). Children in family therapy. In R. H. Woody & J. D. Woody (Eds.). *Ethics in marriage and family therapy* (pp. 103-124). Washington, D.C.: American Association of Marriage and Family Therapy.
- Woody, R. H., & Woody, J. D. (2001). The future of marriage and family therapy. In R. H. Woody & J. D. Woody (Eds.). *Ethics in marriage and family therapy* (pp.197-218). Washington, D.C.: American Association of Marriage and Family Therapy.
- Woody, J. D. (2001). It's a health matter: Taking charge of your child's sex education. *Women's Health Overview* (Newsletter published by the Olson Center, UNMC). 6, 4 (October), 1, 3.
- Barron-McKeagney, T., Woody, J.D., & D'Souza, H.J. (2001). Mentoring At-risk Latino children: Impact on social skills and problem behaviors. *Child and Adolescent Social Work Journal*, 18, 2, 119-136.
- McKeagney, T., Woody, J. D., & D'Souza, H. J. (2000). Mentoring Latino children and their parents: The role of community theory and practice, *Journal of Community Practice*, 8, 3, 37-56.
- Woody, J. D., Russel, R., D'Souza, H. J., & Woody, J. K. (2000). Non-coital sex among adolescent virgins and non-virgins. *Journal of Sex Education and Therapy*, 25, 4, 261-268.
- Woody, J. D., & D'Souza, H. J. (1997). Sexual interaction in nonclinical couples. *The Family Journal*, 5, 3, 224-230.
- Woody, J. D., & D'Souza, H. J. (1997). Sexual Interaction System Scale. In *Sexuality related measures: A Compendium*. Newbury Park, CA: Sage.
- Woody, J. D., and D'Souza, H. J. (1994). The Sexual Interaction System Scale. *Journal of Sex and Marital Therapy*, 20 3, 210-225.
- Woody, J. D., D'Souza, H. J., & Crain, D. (1994). Discriminating sexual dysfunction from other couple problems. *American Journal of Family Therapy*, 22, 4, 291-303.
- Russel, R., Gill, P., Coyne, A., & Woody, J. D. (1993). Dysfunction in the family of origin of MSW and other graduate students. *Journal of Social Work Education*, 29, 1, 121-129.

- Woody, J. D., and Grinstead, N. (1992). Compulsory treatment for families: Issues of compliance. *Topics in Family Psychology and Counseling, 1, 2*, 39-50.
- Woody, R. H., Woody, J. D., and Greenberg, D. B. (1991). Case management for the individualized family service plan under public law, 99-457. *American Journal of Family Therapy, 19, 1*, 67-76.
- Woody, J. D. (1990). Clinical strategies to promote compliance. *American Journal of Family Therapy, 18, 3*, 285-294.
- Woody, J. D. (1990). Resolving ethical concerns in clinical practice: Toward a pragmatic model. *Journal of Marital and Family Therapy, 6, 2*, 133-150.
- Woody, R. H., and Woody, J. D. (1990). Nonadherence by healthcare professionals: Strategies for supervisors. *Health Care Supervisor, 8, 4*.
- Woody, R. H., Yeager, M., and Woody, J. D. (1990). Appropriate education for handicapped children: Introducing family therapy to school based decision making. *American Journal of Family Therapy, 18, 2*, 189-195.
- Woody, J. D. (1989). The reality of an integrative sex therapy, *Journal of Sex & Marital Therapy, 15, 1*, 62-73.
- Woody, J. D. (1989). Sexual intimacy problems of older clients: Challenges and guidelines. *Journal of Sex Education and Therapy, 15, 3*, 175-186.
- Woody J. D. and Woody, R. H. Public policy in life-threatening situations: A response to Bobele. *Journal of Marital and Family Therapy, 14, 2*, 133-137.
- Woody, R. H. and Woody, J. D. (1988). Ten guidelines for surviving divorce. *The Family Law Commentator, 13, 3*, 16-20.
- Woody, J. D., Colley, P. E., Schlegelmilch, J., and Maginn, P. (1985). Parental stress and adjustment following divorce. *Journal of Crisis Intervention, 13, 4*, 133-147.
- Woody, J. D., Colley, P., Schlegelmilch, J., and Maginn, P. (1985). Relationship between ex-spouses: Impact of a weekend workshop, *International Journal of Family Psychiatry, 6, 2*, 107-123.
- Woody, J. D. (1985). The family in health crises, in J. R. Springer and R. H. Woody (Eds.), *Health Promotion in family therapy*. Rockville, MD: Aspen Systems Corp., 71-81.
- Woody, J. D., and Tombrink, J. (1983). Impact of cancer on sexuality and self-image: A group program for patients and partners, *Social Work in Health Care, 8, 4*, 45-54.
- Woody, J. D., Colley, P. E., Schlegelmilch, J., Maginn, P., and Balsanek, J. (1984). Parental stress and child

adjustment following divorce, *Social Casework*, 65, 7, 405-412. Also reprinted in *Inventory of marriage and family literature*, Volume XI, Beverly Hills, CA: Sage Publications, 1985.

### RESEARCH IN PROGRESS

Woody, J. D. (2004). Prevention: Making a shadow component a real goal in social work education. Under review, *Advances in Social Work*.

Woody, J. D. A Sex education program for mothers: Effects, parent characteristics, and practice insights. Completed ms. to be submitted to the *Child and Adolescent Social Work Journal*.

Woody, J. D. Child Sexual Abuse in the News and in Reality: The Challenge for Parents. An article directed to the general public. (completed ms.)

Article in progress: Tentative title: Taking a Pro-active Stance for Children's Sexual Health: The Need for a Prevention Curriculum in Social Work Education.

Article in progress: Tentative title: Body, Mind, Heart, Spirit: Social Workers and Sexual Health for the Next Generation.

Article: Tentative title: What's Your Hang-up? Get Over It and Teach Your Kids the Right Stuff About Sex and Morality. (completed ms. directed to the general public)

### RECENT PROFESSIONAL PRESENTATIONS

Woody, J. D. Parents and Sex Education: Don't Get Anxious, Get Prepared. 108<sup>th</sup> Annual National Conference. National Parent Teachers Association. Anaheim, CA, June 26, 2004.

Woody, J. D. Highlighting Prevention Theory and Principles in the Social Work Curriculum. 2004 Midwest Biennial Social Work Educational Conference, Omaha, Nebraska, March 4-6, 2004.

Adolescent Sexuality and Ethical Issues for Professionals. Social Work and Ethics Conference. Luther College, Decatur, IA, April 30, 2004.

Grand Rounds Presentation. Update on Sexual Disorders. Creighton University Medical School. Omaha, Nebraska, Children's Hospital, Omaha, March 5, 2003.

Keynote Address. Parents as Sexuality Educators: Forgotten and Forbidden. Annual Conference. Planned Parenthood of British Columbia, Vancouver, Canada, October 25, 2002. (Invited)

Workshop. Parents as Sexuality Educators: Strategies for Success. Annual Conference. Planned Parenthood of British Columbia, Vancouver, Canada, October 26, 2002. (Invited)

Workshop. A Giant Step: Promoting Healthy Sexuality for Youth. University of Guelph. Open Learning Conference.

Guelph, Canada. June 19, 2002.

Woody, R. H., Woody, J. D., et al. Understanding Family Therapy Ethics. Annual Conference. American Association

for Marriage and Family Therapy. Nashville, TN. October 19, 2001.

Workshop. Body, Mind, Heart, Soul: Social Workers and Sexual Health for the Next Generation. Annual Conference, Society For Spirituality and Social Work, Lawrence, KS, June 26, 2000.

Workshop. Adolescent Sexuality. West Virginia State Conference of the National Association of Social Workers. Charleston, WV. April 14, 1997.

Workshop. Marriage and Family Therapy Training in Sexual Counseling. American Association of Marriage and Family Therapy, Baltimore, MD. November 3, 1995.

Workshop. Pursuing Excellence in Treating Sexual Dysfunction: The Role of Standardized Measures. American

Association of Sex Educators, Counselors, and Therapists, Louisville, KY. May 14, 1994.

Workshop. Objective Assessment of Sexual Distress in Couple Therapy. Woody, J. D., & D'Souza, H. J. American Association for Marital & Family Therapy, Anaheim, CA. October 9, 1993.

Seminar, Objective Assessment of Sexual Distress in Couple Therapy. Woody, J. D., & D'Souza, H. J. American Association of Sex Educators, Counselors and Therapists. Denver, CO. May 14, 1993.

Seminar. The Sexual Interaction System Scale: Validity and Reliability. Woody, J. D., & D'Souza, H. J. Society for the Scientific Study of Sex. San Diego, CA. October 14 1992.

Seminar. Integrative Systems Sex Therapy: Bridging the Past and the Future. Annual Meeting American Association of Sex Educators, Counselors, and Therapists, St. Louis, May 4, 1991.

Seminar.(with Robert Woody) Legally-safe Client Management: The Theory-Practice Bridge National Conference American Association for Marriage and Family Therapy. San Francisco, October 28, 1989.

Seminar. Ethical Decision Making for Sexual Issues in Therapy. American Association for Marriage and Family

Therapy, Annual Meeting, October 29, 1988.

Instructional Course (with R. H. Woody). Ethical and Legal Considerations in Sex Therapy. American Association of Sex Educators, Counselors and Therapists, Annual Meeting, San Francisco, April 28, 1988.

Paper. Sex Therapy with Older Clients: Challenges and Guidelines. American Association for Marriage and Family Therapy, Annual Conference, Chicago, IL, October 30, 1987.

## RECENT SERVICE

### Community

#### Selected Community Presentations/Interviews

Presenter. Sexuality Education for Youth in Residential Facilities. Children's Square USA, Council Bluffs, Iowa., November 18, 2004.

Interviewed for UNO News Radio Line. January 9, 2004. Parents and Children's Sex Education.

Interviewed and aired on Omaha KETV Channel 7, evening news, (approximately January 12).  
Discussion of "sexy" dolls for children.

Presenter (with Martha Groggel). Changes & Challenges of Midlife Sexuality. 6<sup>th</sup> Annual Omaha Women's Health and Wellness Conference, Omaha, Nebraska, October 17, 2003.

Presenter. Parents and Sex Education in Adoptive Families. Forever Families Group. Lord of Love Lutheran Church, Omaha, Nebraska, April 11, 2002.

Interviewed for article about sex education by Jane Lannigan that appeared in *Woman's Day Magazine*, May 14, 2002, p. 204.

Interviewed and mentioned in book by Linda Mooney (2003) *The Women Doctors' Guide to Health and Healing*, Oxmoor House Publishers, Birmingham, AL. pp. 421-422, 428-429.

Interviewed for evening news segment on Omaha, NE, KPTM (Channel 42) relevant to sexuality of youth, May 24, 2002.

Interviewed for story about sex education in *San Francisco Chronicle* by Adair Lara that ran Sunday, September 29, 2002.

Interviewed by over 30 radio stations across the U. S. on sex education and book, *How Can We Talk About That?* January-February, 2002.

Community Education Program. Development and Leader. Mothers As Sex Educators for Their Children. UNO, October 5, 12, 19, 26, 2000; and one-day program on December 2, 2000.

Consultant/Trainer. Salvation Army, 1999-Present.

Governor's Child and Family Mental Health Search Conference. July 11-13, 1994. Nebraska City. Represented School of Social Work.

Critical Crossroads: Coordinating Substance Abuse, Mental Health, and Criminal Justice Systems. October 6, 1994. Lincoln. Represented School of Social Work.

Consulted and testified at hearings. Nebraska Board of Health. 1989-1992. Regarding bills to license Marriage and Family Therapists and the Mental Health Practitioner Law.

Public Hearing. Omaha Public Schools. Health Committee. Recommendation on sex education materials, Spring, 1992.

Seminar. "Update on Sexuality in Clinical Practice," Family Services of Omaha-Council Bluffs, March 10, 1993.

Presentation. University of Nebraska-Omaha. Women's Resource Center Program for Students. "Women, Sex and Relationships," March 4, 1993.

Presentation. Practicum Instructors Training Seminar. Ethics and the Role of the Practicum Instructor. University of Nebraska-Omaha. October 18, 1994, 1-3 P.M.

### University

Academic Planning Council, 2000-2003

Graduate Council. 1992-1995

Committee B: Committee on Courses, Programs and Evaluations, 1992-1995.

University Assessment Workshop by Dr. James O. Nicholas, November 2-3, 1994.

Graduate Faculty Fellow. Serving on Doctoral and Masters' Thesis Committees.

Vice Chancellor's Strategic Planning Implementation Workshop. October 20, 1995.

Chairperson, Graduate Program Committee, School of Social Work, 1994-Present.

### College of Public Affairs and Community Service

Curriculum and Academic Standards Committee. 1994-1996

Personnel Committee, 2004-2006.

### School of Social Work

Personnel Committee, 2004

Search Committee, 2004

Chairperson, Ad Hoc Committee for Developing Dual MPH/MSW Degree

Chairperson, Program Committee, Graduate Program Committee. 1992-2004

Oversight for both Graduate and Undergraduate Programs on: Curriculum and Policy Issues, Graduate Comprehensive Exam, Graduate Candidacy, Advancement Process and Appeals, Syllabi Processing, Scholarship Process, Minutes, Correspondence with Students, Concentrations, etc.

Chairperson. CSWE Self-Study, Program Rationale Objectives Section, 1995-1996 Member. CSWE Self-Study, Curriculum Section, 1995-1996.

Ad Hoc Committee on Social Work Doctoral Study. 1994-1996.

Practicum Liaison and Seminar Leader, 1989-1994.

School of Social Work Assessment Committee. 1994-1996.

### Profession

Advisory Consultant for The 407 Coalition. Application for Revision of the Licensed Mental Health Practitioner Law, Nebraska Department of Health and Human Services, Division of Regulation and Licensure, November, 2004-Present.

Reviewer. Journal of Alcohol and Drug Education. November, 2004-Present.

### Professional Membership/Licensure

1976- Present American Association of Sex Educators, Counselors and Therapists (Life Member). Certified Sex Therapist. Certified Sex Educator.

1978-Present American Association for Marriage and Family Therapy (Life Member)  
Clinical Member. Approved Supervisor.

1972-1994 National Association of Social Workers

1980-Present Nebraska Division of Association for Marriage and Family Therapy.

Chairperson of Nominating Committee, 1980, 1994-1995.

Member, Nominating Committee, 1984.

Member, Legislative Task Force, 1987-1989.

Board of Directors, 1989-1992.

Program Coordinator for the Annual Conference, 1990.

Annual Conference Committee, 1994.

Ethics Committee. 1997-2001. Prepared materials for Ethics Column in NAMFT Newsletter.

1984-1990 Society for Personality Assessment.

1994 Council on Social Work Education

Licensure: State of Nebraska (Licensed Clinical Social Worker; Licensed Marriage & Family Therapist)  
Inactive Status.

Rev. 1/05

State of Florida (Clinical Social Worker; Marriage & Family Therapist). Inactive Status.